

Medical IDs and Diabetes

Diabetes bracelet or diabetic jewelry is probably the last thing on anybody's mind when dealing with diabetes. After all, bracelets, necklaces and anklets may not seem to serve any purpose beyond being decorative. However, when it comes to chronic diseases like diabetes, being identified as having a medical condition is often necessary.

This is why diabetes bracelets are often worn not just to inform anyone about the wearer's health status but also to alert people, such as rescuers, first-aid staff and medical professionals of the appropriate action to perform when the wearer is involved in an emergency.

Knowledge Can Save a Life

When diabetics were first encouraged to wear diabetes bracelets, some people were not very supportive of getting "tagged" as a diabetic. However, the fact that the bracelets were medical alert tags quickly showed why it was a necessity. Today, it still is.

Diabetes requires special medical care and attention. In some emergencies, the diabetic person may not always be able to speak or communicate. He or she may even be unresponsive. Furthermore, an emergency may occur when a relative or a friend who has knowledge about the diabetic person's diabetes may not be around. In these cases, a diabetes bracelet can silently inform the attending medical personnel of the disease.

Preparing for a Diabetic Emergency

Diabetes can be a tricky and rather deceptive condition to have, primarily because blood sugar levels can fluctuate unpredictably. When blood sugar levels suddenly drop or sharply rise, blackouts can occur, requiring medical attention. Having a diabetes bracelet will let the medical staff know how to make the appropriate medical decisions that can save your life. In case you ever figure in an accident, any medications that may be necessary in order to treat you won't affect you in a negative way.

Always ensure that you or your loved one is wearing a diabetes bracelet before leaving the house. If necessary, pack an extra bracelet especially during special trips, particularly if you will be travelling alone. Always wear the bracelet where it can be spotted easily and avoid taking it off. It might cramp your style, but it can mean the difference between living a healthy life and suffering the consequences.